

# **Current Update Chemotherapy in Breast Cancer**

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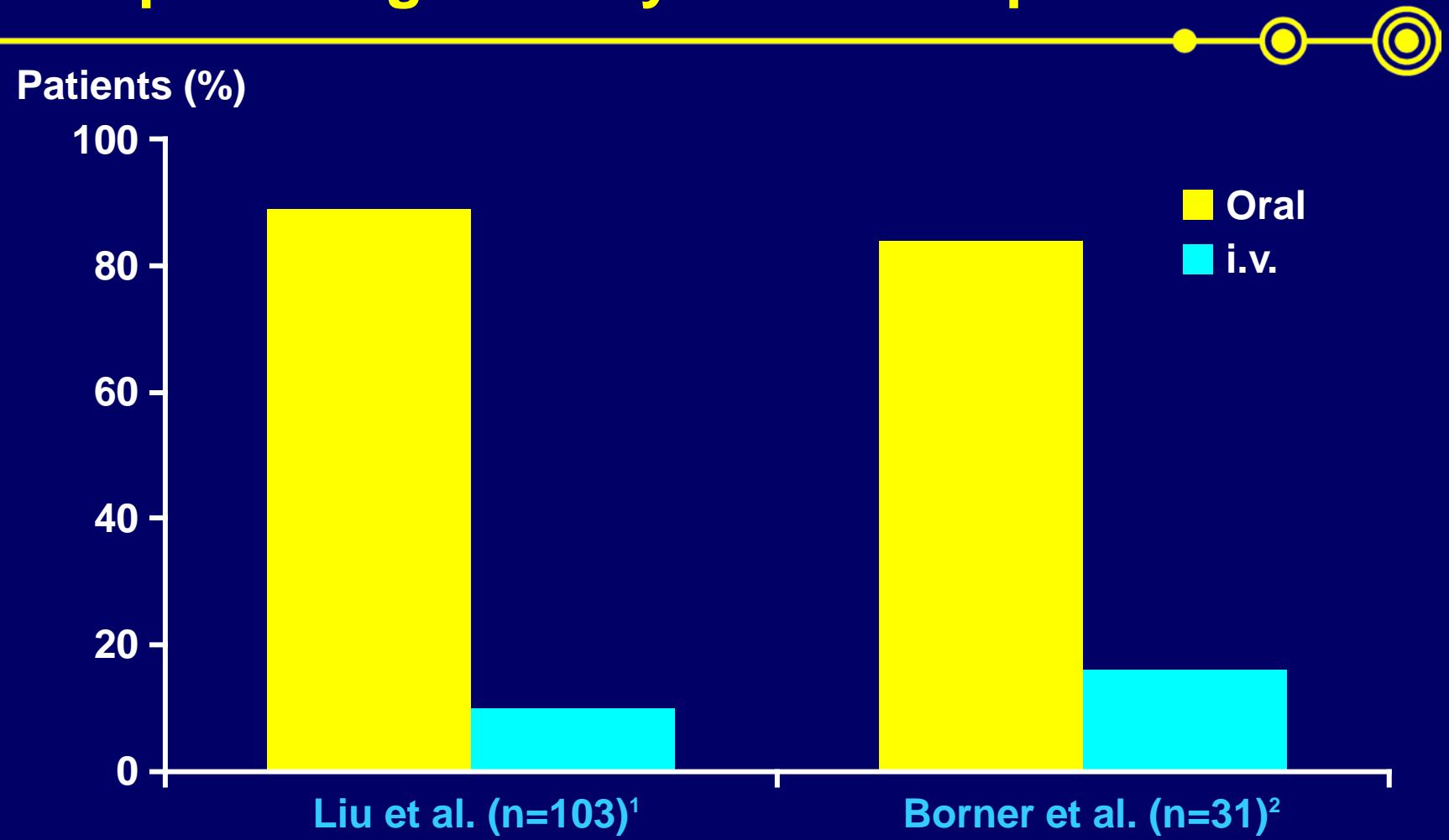


# Capecitabine

## Targeting Chemotherapy

It targets Cancer Cells

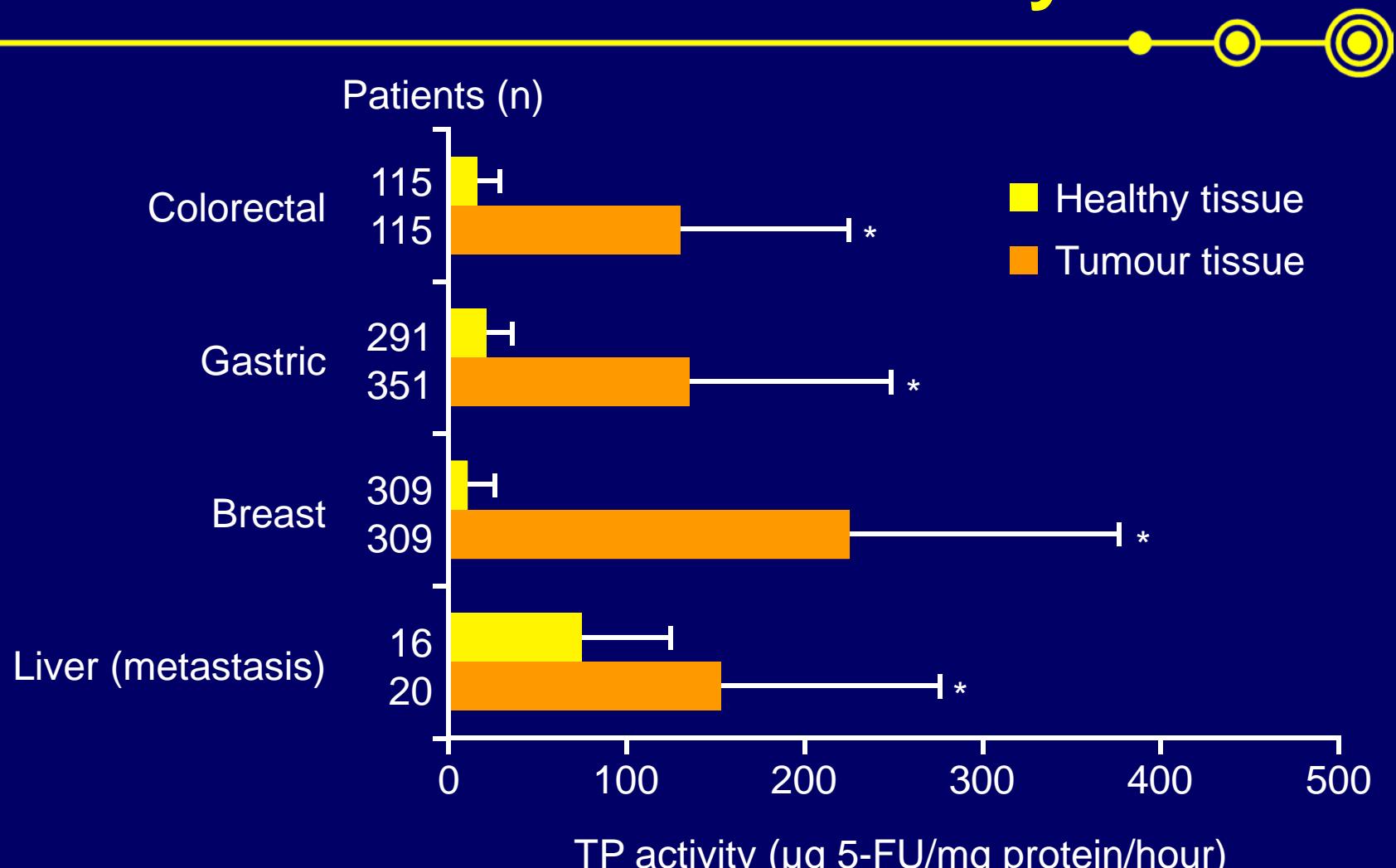
# Most patients prefer oral chemotherapy, providing efficacy is not compromised



<sup>1</sup>Liu G et al. J Clin Oncol 1997;15:110–15

<sup>2</sup>Borner M et al. Eur J Cancer 2002;38:349–58

# TP is significantly more active in human tumour than healthy tissue

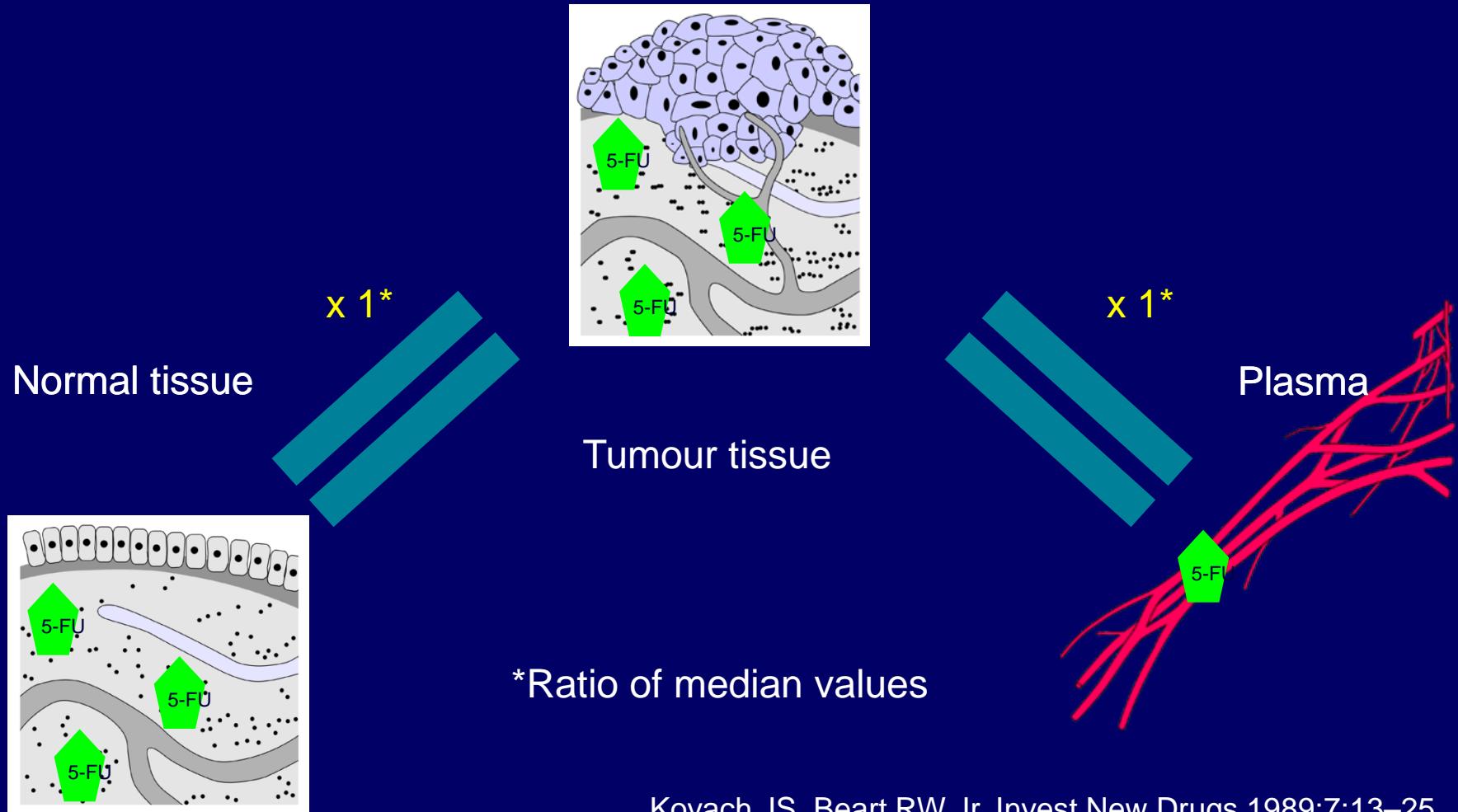


\* $p < 0.05$

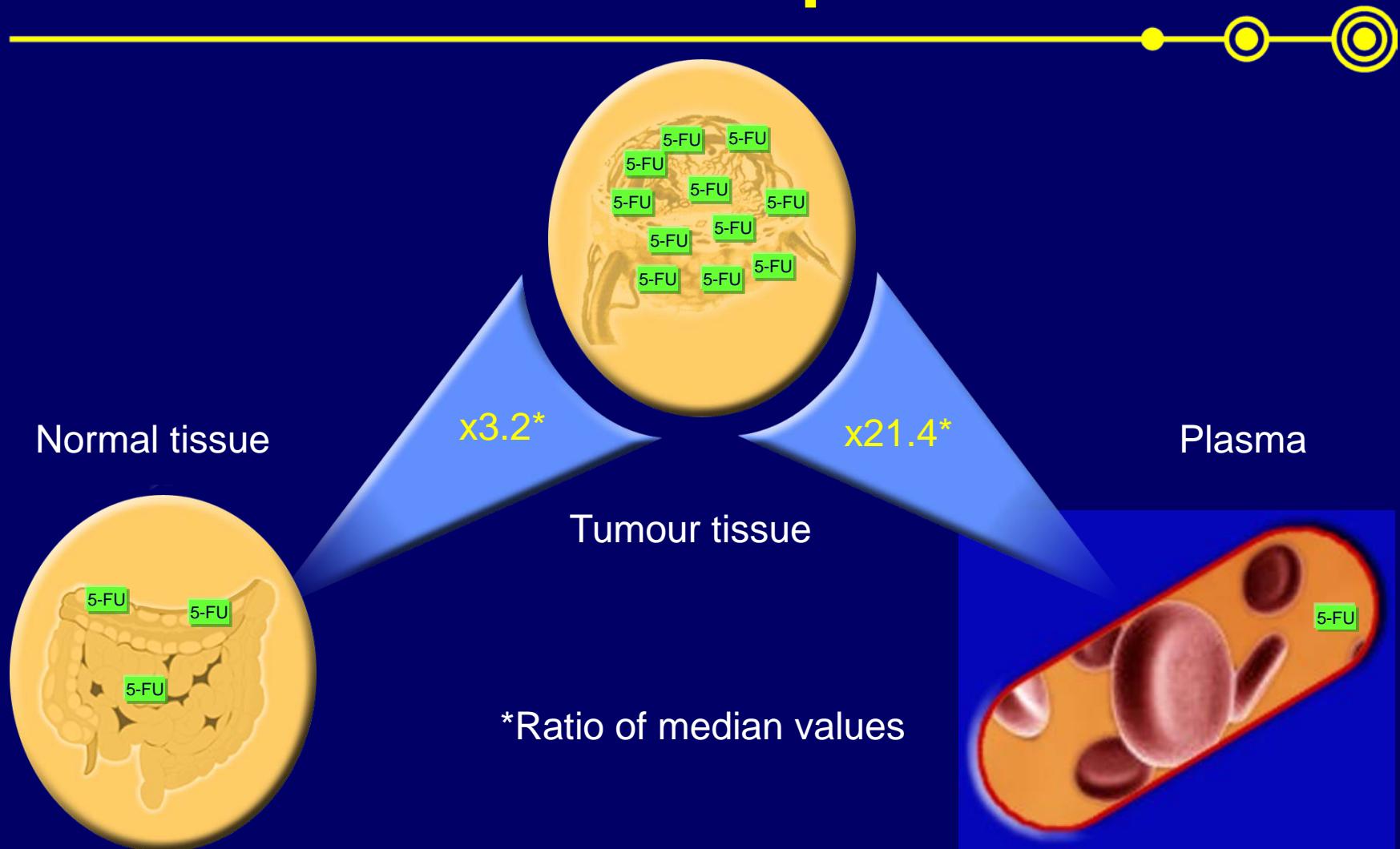
5-FU = 5-fluorouracil

Adapted from Miwa M, et al. Eur J Cancer 1998;34:1274–81

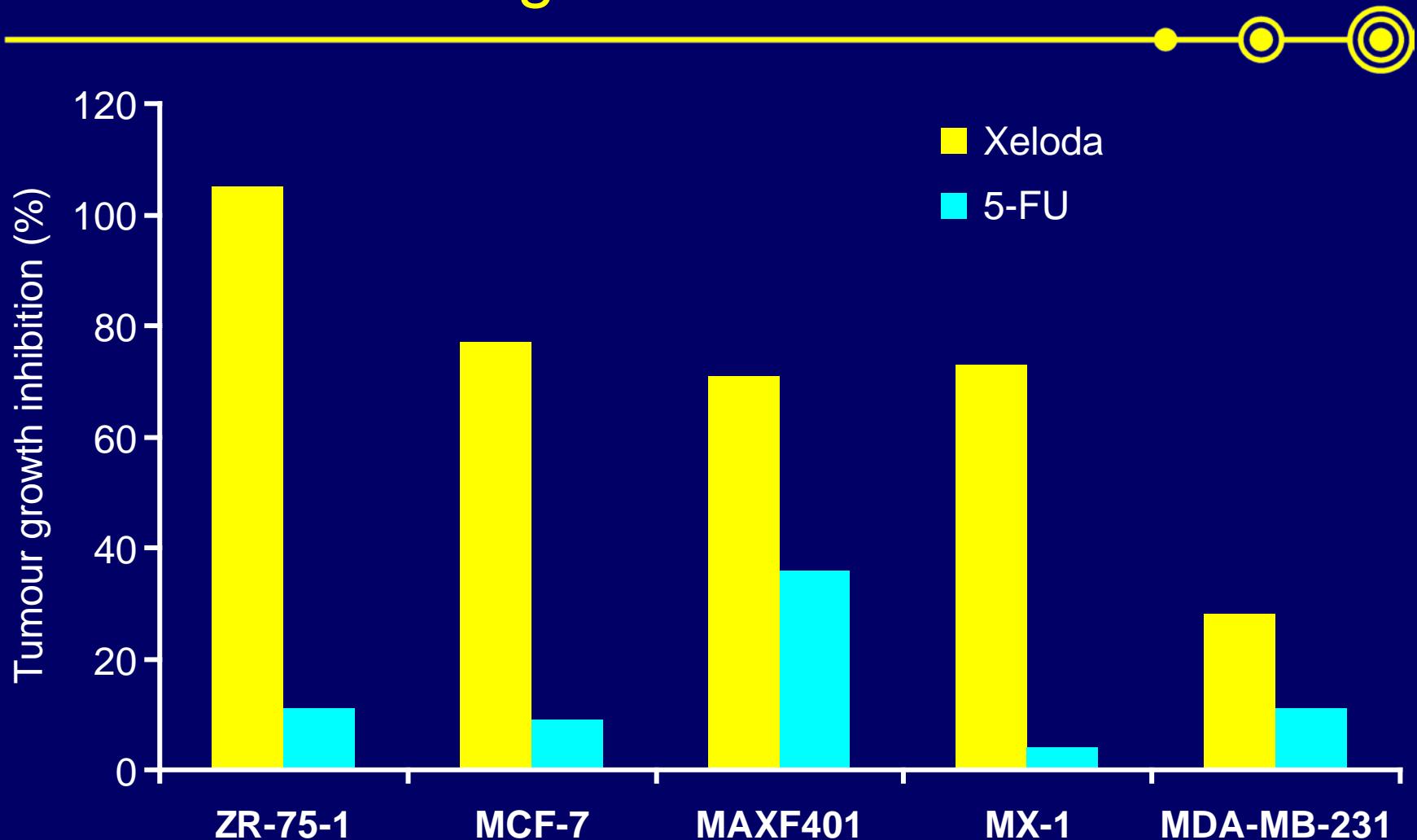
# No tumour selectivity with 5-FU



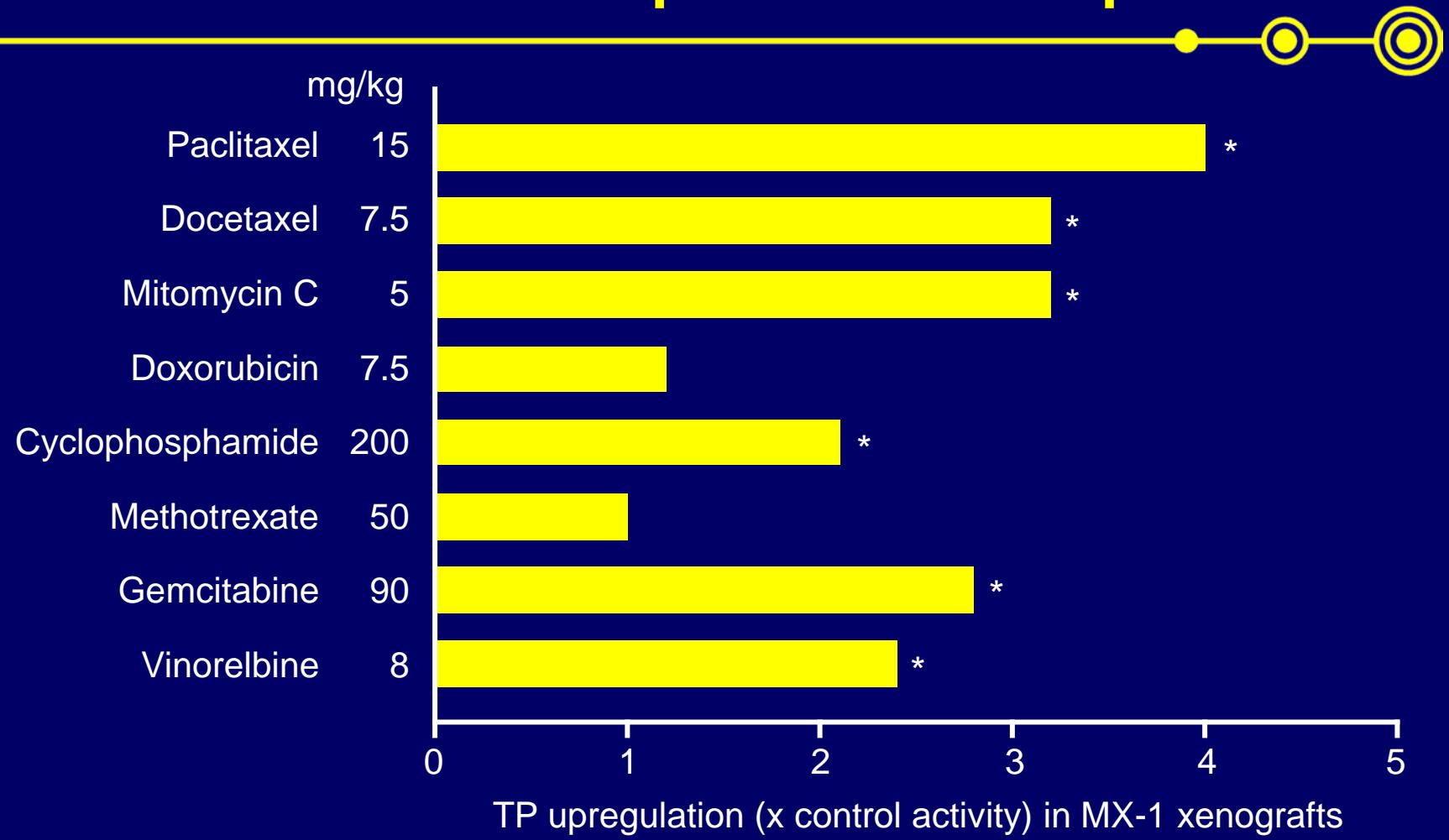
# More 5-FU in the tumour with TP-activated Capecitabine



# Tumour growth inhibition by Xeloda 2–10-fold greater than with 5-FU



# Agents that upregulate TP are rational combination partners for Capecitabine



\*p<0.05

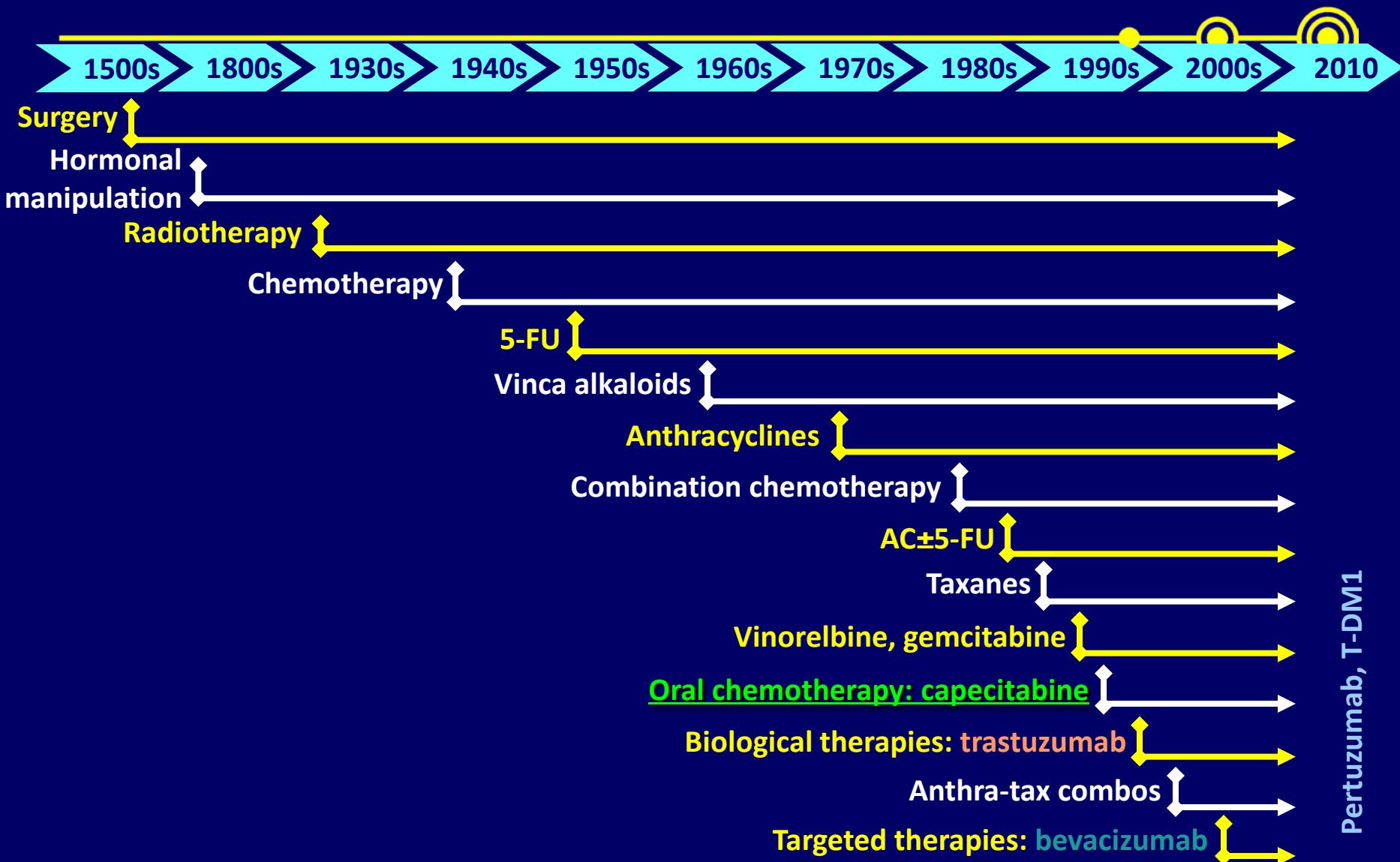
Endo M, et al. Int J Cancer 1999;83:127–34  
Sawada N, et al. Proc Am Assoc Cancer Res 2002 (Abst 5388)

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# **Capecitabine evidences in Breast Cancer**

# Key milestones in breast cancer treatment



# Meta Analysis of Capecitabine in EBC

OPEN  ACCESS Freely available online

 PLoS one

## First Efficacy Results of Capecitabine with Anthracycline- and Taxane-Based Adjuvant Therapy in High-Risk Early Breast Cancer: A Meta-Analysis

Yiwei Jiang<sup>1\*</sup>, Wenjin Yin<sup>2\*</sup>, Liheng Zhou<sup>2</sup>, Tingting Yan<sup>1</sup>, Qiong Zhou<sup>1</sup>, Yueyao Du<sup>1</sup>, Zhenzhou Shen<sup>2</sup>, Zhimin Shao<sup>2</sup>, Jinsong Lu<sup>2\*</sup>

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Total 4,107 breast cancer patients  
-2,058 received a taxane–anthracycline–capecitabine-containing regimen  
-2049 received a taxane–anthracycline-based regimen

# Meta-analysis Result : DFS & OS

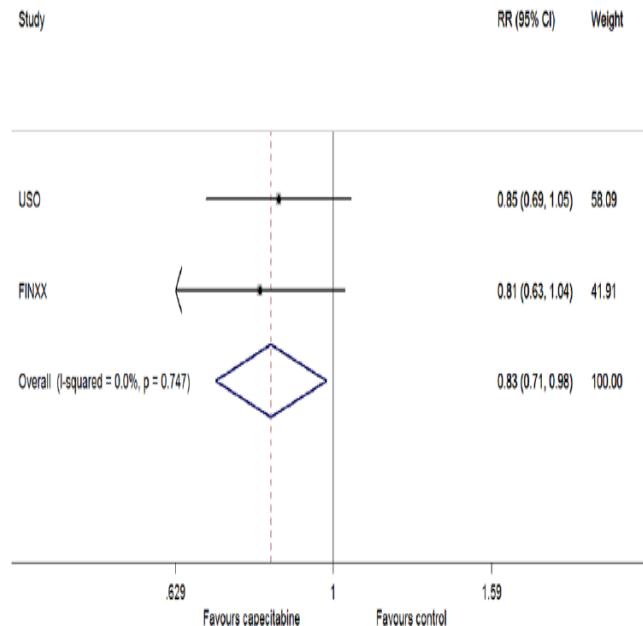


Figure 1. Forest plot of meta-analysis on the disease-free survival for the addition of capecitabine to standard treatment.  
doi:10.1371/journal.pone.0032474.g001

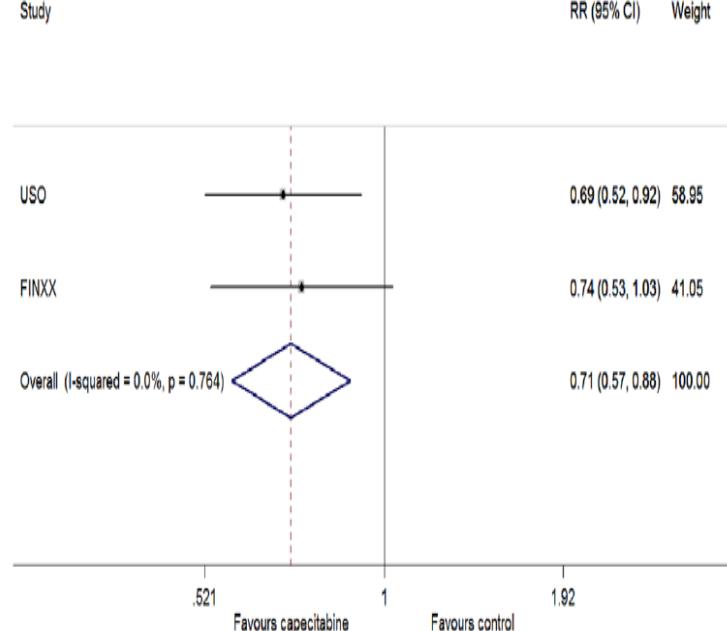


Figure 2. Forest plot of meta-analysis on the overall survival for the addition of capecitabine to standard treatment.  
doi:10.1371/journal.pone.0032474.g002

# Metastatic Breast Cancer (mBC)

- mBC remains essentially incurable and goals of therapy include:
  - Palliative of symptoms
  - Delay of disease progression
  - Prolonging overall survival
  - While minimizing impact on QOLs
- Treatment should be individualized based on multiple factors including:
  - HER2 and hormone receptor (ER/PgR) status
  - Prior therapy
  - Patients preference
  - Tumor related symptoms

CHEMOTHERAPY REGIMENS FOR RECURRENT OR METASTATIC BREAST CANCER<sup>1</sup>Preferred Single Agents*Anthracyclines*

- Doxorubicin
- Epirubicin
- Pegylated liposomal doxorubicin

*Taxanes*

- Paclitaxel
- Docetaxel
- Albumin-bound paclitaxel

*Anti-metabolites*

- Capecitabine
- Gemcitabine

*Other microtubule inhibitors*

- Vinorelbine
- Eribulin

Other Single Agents

- Cyclophosphamide
- Mitoxantrone
- Cisplatin
- Etoposide (po) (category 2B)
- Vinblastine
- Fluorouracil CI
- Ixabepilone

Preferred Agents With Bevacizumab<sup>2</sup>

- Paclitaxel

Preferred Chemotherapy Combinations

- CAF/FAC (cyclophosphamide/doxorubicin/fluorouracil)
- FEC (fluorouracil/epirubicin/cyclophosphamide)
- AC (doxorubicin/cyclophosphamide)
- EC (epirubicin/cyclophosphamide)
- AT (doxorubicin/docetaxel; doxorubicin/paclitaxel)
- CMF (cyclophosphamide/methotrexate/fluorouracil)
- Docetaxel/capecitabine
- GT (gemcitabine/paclitaxel)

Other Combinations

- Ixabepilone + capecitabine (category 2B)

Preferred First-line Agents For HER2-positive Disease

- Pertuzumab + trastuzumab + docetaxel (category 1)
- Pertuzumab + trastuzumab + paclitaxel

Other First-line Agents For HER2-positive Disease*Trastuzumab with:*

- Paclitaxel ± carboplatin
- Docetaxel
- Vinorelbine
- Capecitabine

Agents For Trastuzumab-exposed HER2-positive Disease

- Lapatinib + capecitabine
- Trastuzumab + capecitabine
- Trastuzumab + lapatinib (without cytotoxic therapy)
- Trastuzumab + other agents

# Xeloda Monotherapy for mBC

Breast Cancer Res Treat  
DOI 10.1007/s10549-012-2288-x

CLINICAL TRIAL

## Pooled analysis of individual patient data from capecitabine monotherapy clinical trials in locally advanced or metastatic breast cancer

Joanne L. Blum · Carlos H. Barrios ·  
Nancy Feldman · Sunil Verma · Edward F. McKenna ·  
Luen F. Lee · Nana Scotto · Julie Gralow

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© Springer Science+Business Media New York 2012

	1 <sup>st</sup> Line Capecitabine	2 <sup>nd</sup> / 3 <sup>rd</sup> Line Capecitabine	p Value
ORR	25%	19%	
PFS	4.9 months	3.7 months	p < 0.0001
OS	21.9 months	13 months	p < 0.0001

# XT (Capecitabine+ Taxane) as first line: superior objective tumour response rate

	XT (n=255) % (95% CI)	T (n=256) % (95% CI)	p value
<b>Confirmed ORR*</b>	<b>42 (36–48)</b>	<b>30 (24–36)</b>	<b>0.006</b>
CR	5 (2–8)	4 (2–7)	
SD	38 (32–44)	44 (38–50)	
PD	11 (7–15)	20 (15–25)	

\*WHO response criteria

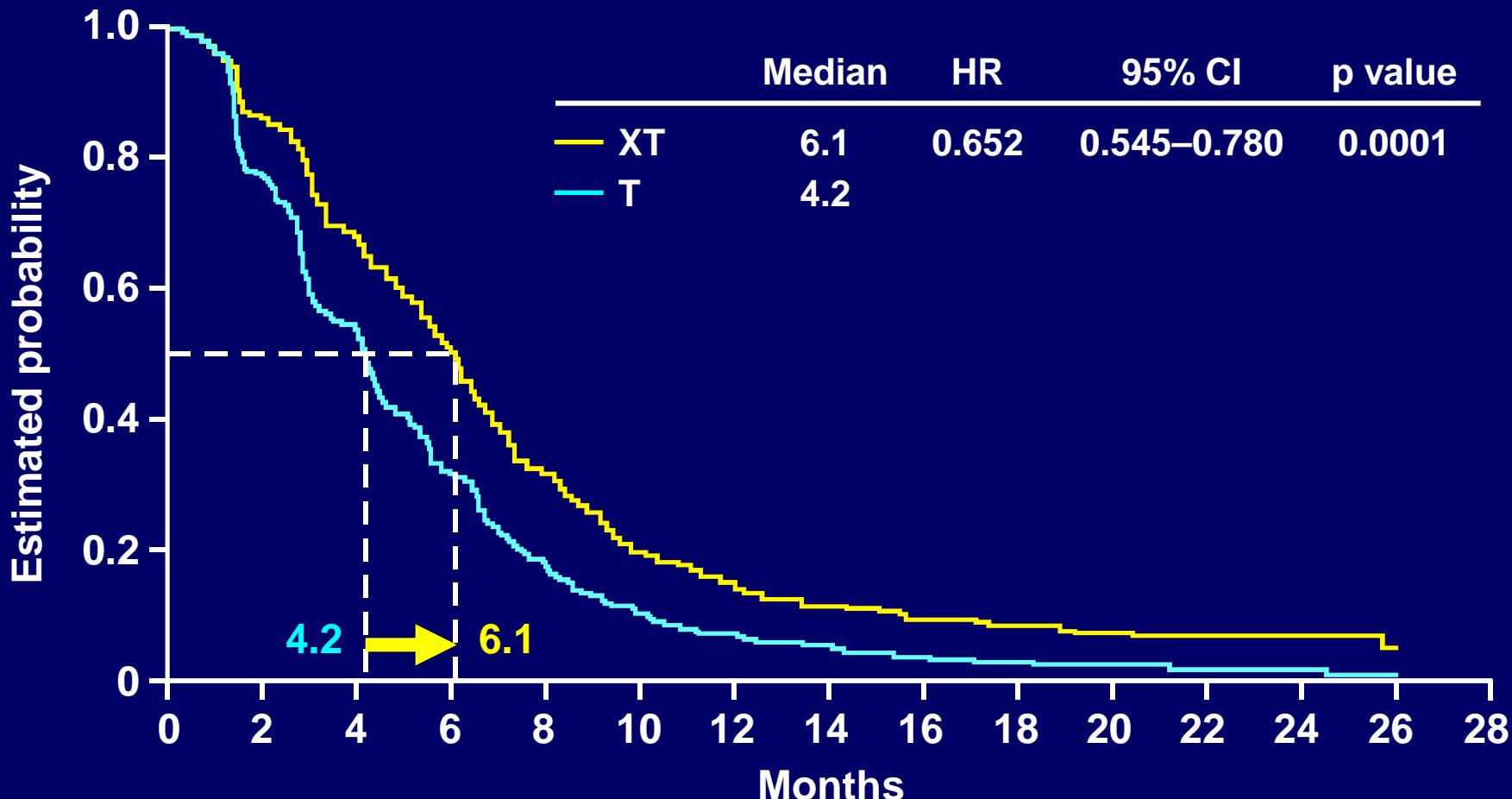
ORR = overall response rate; CI = confidence interval

CR = complete response; SD = stable disease

PD = progressive disease

O'Shaughnessy J, et al.  
J Clin Oncol 2002;20:2812–23

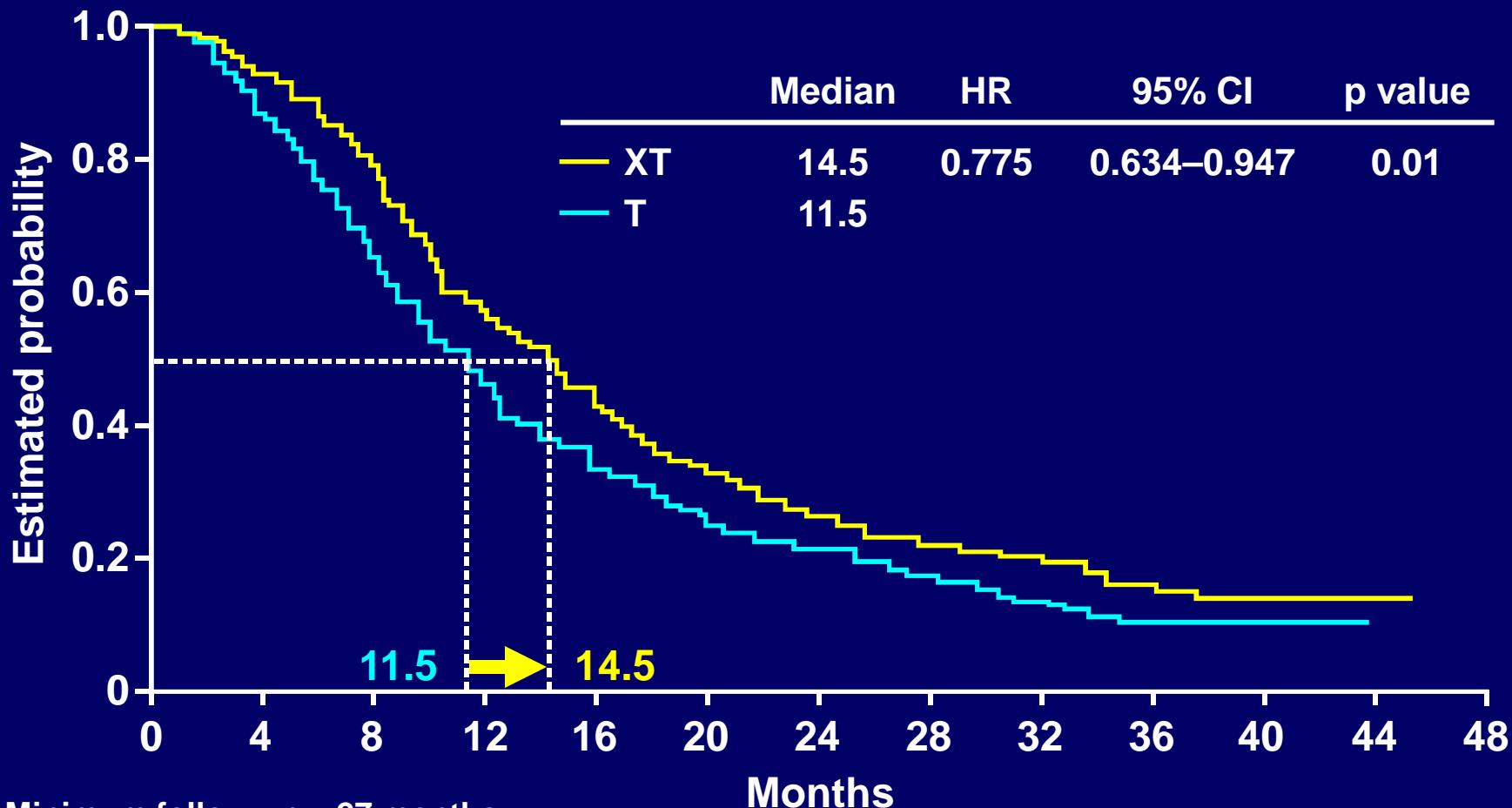
# XT: superior TTP



HR = hazard ratio

O'Shaughnessy J, et al. J Clin Oncol 2002;20:2812–23

# XT significantly extends OS



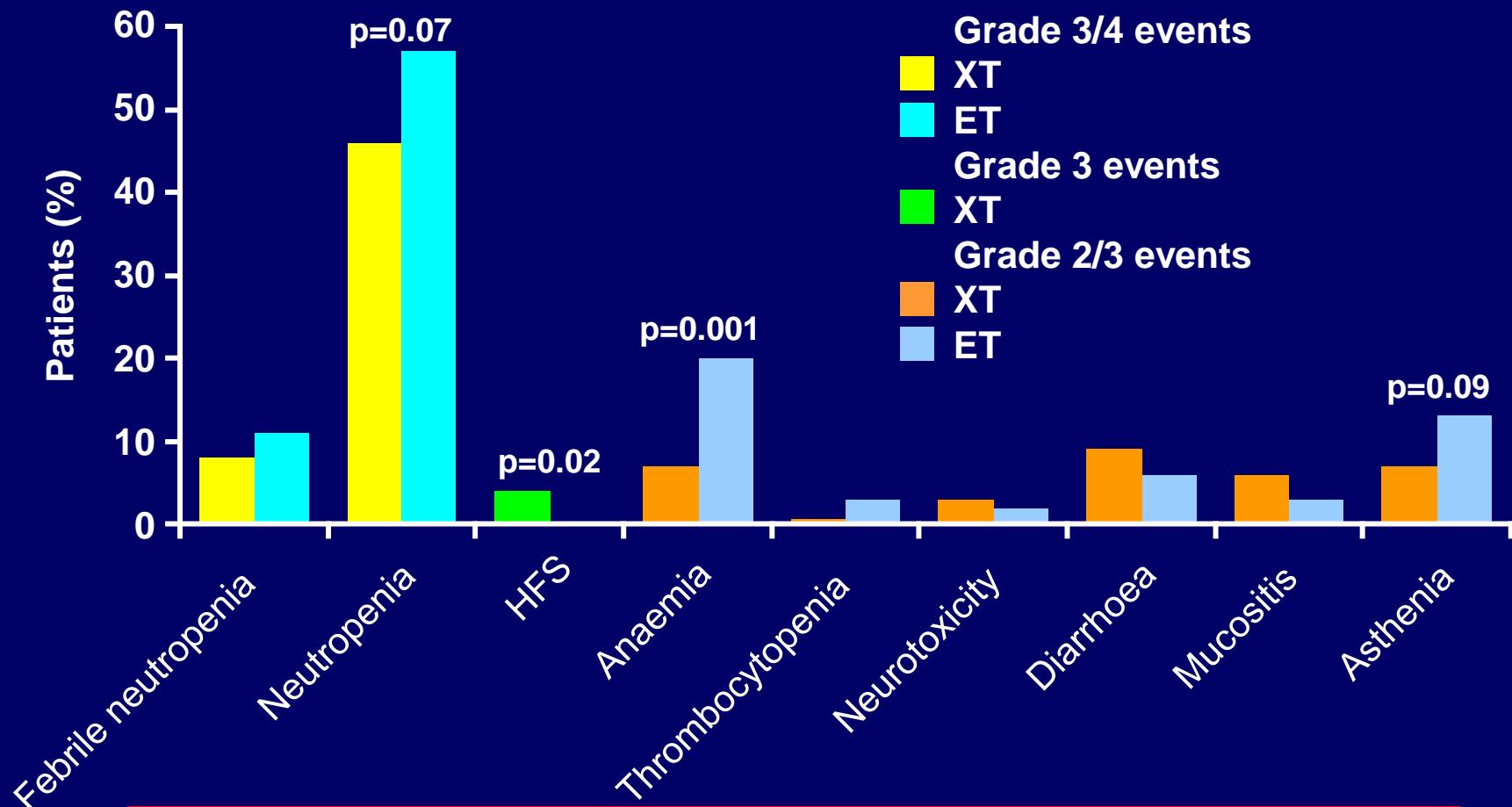
Minimum follow-up = 27 months

Note: extended follow up was not pre-planned

OS = overall survival

Miles D, et al. Clin Breast Cancer 2004;5:273–8

# XT vs ET: adverse event profile



- Adverse event-related hospitalisations: 13% with ET vs 5% with XT ( $p=0.02$ )

# Resiko rambut rontok (alopecia) minimal dengan Xeloda

	Alopecia (%) all grades
Cape <sup>1–4</sup>	0–8
Docetaxel <sup>5,6</sup>	56–91
Paclitaxel <sup>4,7</sup>	26–93
Doxorubicin <sup>6</sup>	91
Epirubicin <sup>8</sup>	59

- Dengan Capecitabine rambut pasien yang awalnya rontok tumbuh kembali<sup>1</sup>

<sup>1</sup>Blum J et al. J Clin Oncol 1999;17:485–93; <sup>2</sup>Reichardt P et al. Ann Oncol 2003;14:1227–33

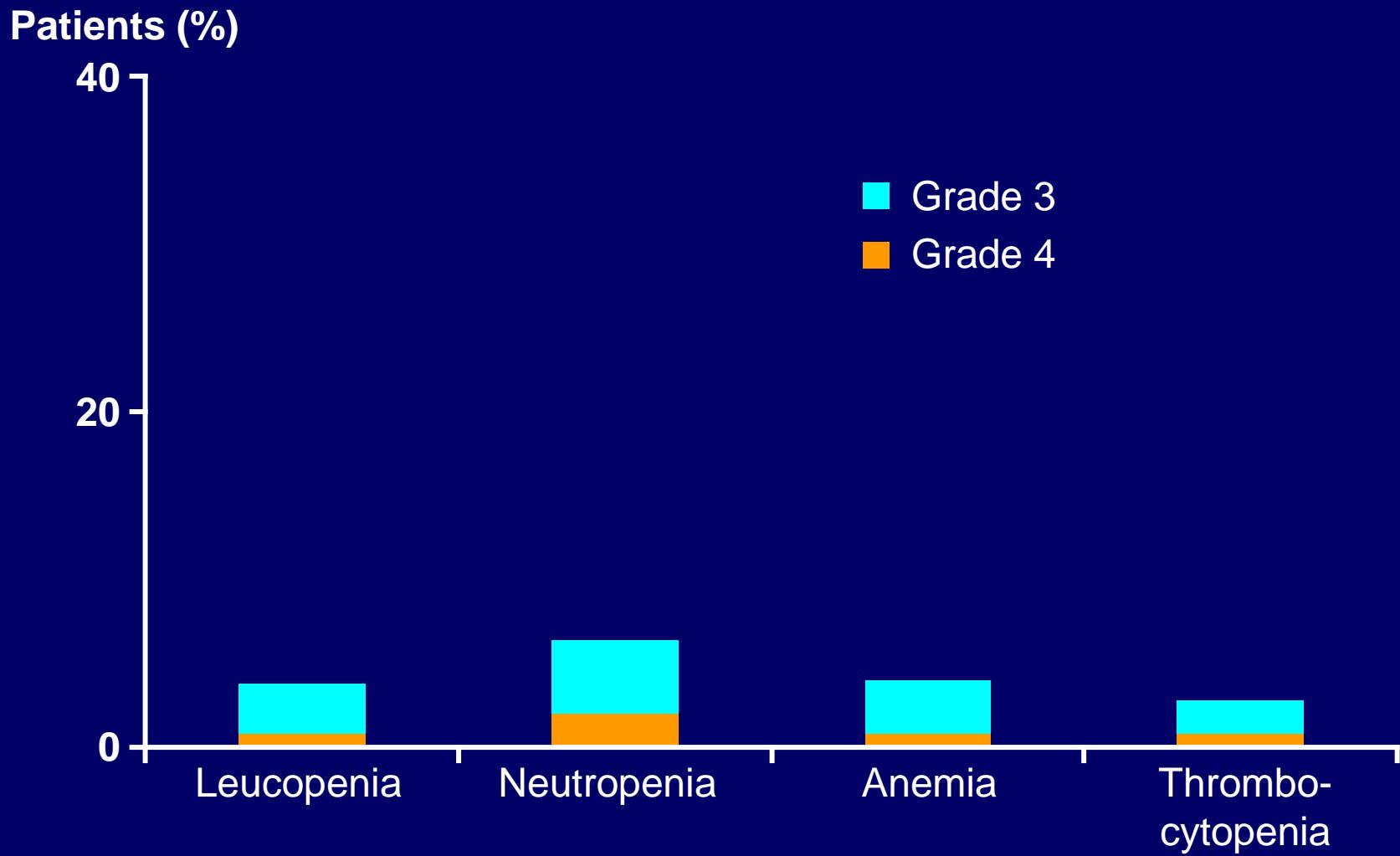
<sup>3</sup>O'Shaughnessy J et al. Ann Oncol 2001;12:1247–54; <sup>4</sup>Talbot D et al. Br J Cancer 2002;86:1367–72

<sup>5</sup>Mouridsen H et al. Breast Cancer Res Treat 2002;76 (Abst 327)

<sup>6</sup>Chan S et al. J Clin Oncol 1999;17:2341–54; <sup>7</sup>Nabholtz JM et al. J Clin Oncol 1996;14:1858–67

<sup>8</sup>Joensuu H et al. J Clin Oncol 1998;16:3720–30

# Capecitabine monotherapy: memberikan efek samping myelosuppression minimal (n=498)\*



\*Taxane-pretreated patients

# Resiko infeksi lebih kecil dengan Capecitabine

	Infection (%)
Cape <sup>1–6</sup>	0–7
Docetaxel <sup>7</sup>	33
Paclitaxel <sup>7,8</sup>	10–23
Epirubicin <sup>9</sup>	24

\*Beberapa study tidak melaporkan kejadian infeksi yang berhubungan dengan terapi<sup>2–4,6</sup>

<sup>1</sup>Blum J et al. J Clin Oncol 1999;17:485–93; <sup>2</sup>Blum J et al. Cancer 2001;92:1759–68

<sup>3</sup>Reichardt P et al. Ann Oncol 2003;14:1227–33; <sup>4</sup>Fumoleau P et al. Eur J Cancer 2004;40:536–42

<sup>5</sup>O'Shaughnessy J et al. Ann Oncol 2001;12:1247–54; <sup>6</sup>Talbot D et al. Br J Cancer 2002;86:1367–72

<sup>7</sup>Jones S et al. Breast Cancer Res Treat 2003;82:S9 (Abst 10)

<sup>8</sup>Nabholtz JM et al. J Clin Oncol 1996;14:1858–67

<sup>9</sup>Joensuu H et al. J Clin Oncol 1998;16:3720–30

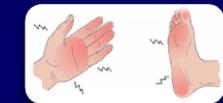
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# **Penanganan respon pasien terhadap Xeloda**

# Interrupting Xeloda

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- If moderate (grade 2) or worse non-haematological adverse events occur, Xeloda should be interrupted
  - hand-foot syndrome
  - diarrhoea
  - stomatitis



**INTERRUPT  
Xeloda  
RESUME ON  
RESOLUTION**

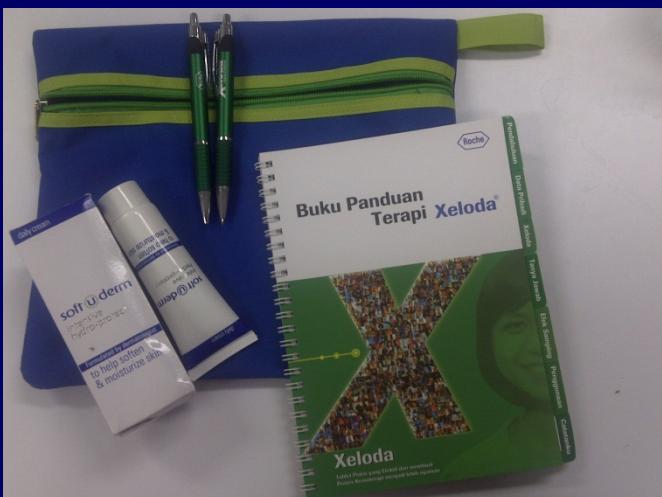
# Interrupting Xeloda is not the only action that patients should take!

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- You should advise patients that if they develop moderate or more severe adverse events, stopping Xeloda is the right action, but not the only action
  - patients must seek further advice from you or their physician!

# Hand Foot Syndrome (HFS): reaksi side effect Capecitabine yang khas



DOSE ADJUSTMENT

# Terapi & pencegahan HFS

## ● Pencegahan

- Gunakan sabun yang lembut
- Gunakan krim & lotion pada kaki & tangan (Uredrem, Tupepe, Soft-U-derm)
- Hindari bau yang merangsang atau produk parfum sebab dapat mengiritasi dan mengeringkan kulit.
- Berikan pyridoxine (vitamin B6), ( 3 x 50 mg/hari atau 3 x 100 mg/hari )
- Berikan Vitamin E 300 mg per hari

## ● Terapi yang dianjurkan:

- Terapi dihentikan atau turunkan dosis (paling penting !)
- Rendam kaki dan tangan dalam air dingin.
- Hindari temperatur, tekanan yang tinggi & friksi pada kulit.
- Salep untuk luka
- Corticosteroid dapat mengurangi inflamasi.
- berikan Vitamin E 300 mg per hari
- Gunakan topikal 99% dimethyl-sulfoxide (Uredrem, Putete, Soft-U-derm)
- NSAID (anti COX-2)

# What does dose modification mean?

Dose modification of Xeloda treatment may involve

dose interruption

dose reduction

dose interruption and  
reduction

# Capecitabine-based therapy for Colorectal Cancer and Breast cancer: Rethinking Possibilities

## Efficacy

- ✓ Superior than 5-FU in neoadjuv. Rectal Cancer
- ✓ Equivalent to Infusional 5-FU/LV-based therapy

## Safety

- ✓ Less:
  - neutropenia
  - febrile neutropenia
  - venous thromboembolism

## Flexibility

- ✓ Simplifies combination therapy
- ✓ Less administration time
- ✓ Flexibility to tailor dose adjustments

## Cost

- ✓ Reduces resource utilisation
- ✓ More cost-effective than 5-FU/LV

For your kind attention

# THANK YOU

